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District of Columbia: 2020 Long-Term Services and Supports (LTSS) State Scorecard

The fourth edition of the *LTSS State Scorecard*, released in fall 2020, takes a multi-dimensional approach to measure state-level performance of LTSS systems that assist older adults, people with physical disabilities, and family caregivers. Unlike many other rankings that focus on a particular aspect of LTSS system performance, the *Scorecard* compares state LTSS systems across multiple dimensions, reflecting the importance and interconnectedness each has on the overall LTSS system. The full report is available at www.longtermscorecard.org

Data used for this *Scorecard* was analyzed in 2019, prior to the COVID-19 outbreak. Therefore, performance on this *Scorecard* does not include the impact of the pandemic on the LTSS system, which is considerable. Nevertheless, the *Scorecard* indicators continue to be highly relevant, both in the current environment and in a future post-COVID world.

Purpose: The *Scorecard* aims to empower state and federal policy makers and consumers with information they need to effectively assess their state’s performance across multiple dimensions and indicators, learn from other states, and improve the lives of older adults, people with physical disabilities, and their families.

Results: The *Scorecard* examines state performance, both overall and along five key dimensions. Each dimension comprises 4 to 7 data indicators, for a total of 26 indicators. The *Scorecard* also measures changes in performance over the previous three years wherever possible (reference data available for 21 of the 26 indicators). The table below summarizes current performance and change in performance at the dimension level. Indicator data appear on the next page.

Dimension	Rank	Number of indicators with trend*	Number of indicators showing:		
			Substantial improvement	Little or no change	Substantial decline
OVERALL	14	20	4	13	3
Affordability & Access	1	6	1	4	1
Choice of Setting & Provider	17	5	0	4	1
Quality of Life & Quality of Care	35	2	1	1	0
Support for Family Caregivers**	1	4	1	2	1
Effective Transitions	43	3	1	2	0

* Trend cannot be shown if data are missing for either the current or baseline data year.

** The support for family caregivers dimension comprises 12 policy areas, organized into four broad categories. Change is shown at the category level in the table above. Policy data are shown on the next page.

District of Columbia: 2020 Long-Term Services and Supports State Scorecard Data

Dimension and Indicator (Current Data Year)	Current Rate	Baseline Rate	Rank	Change	National Average	Top State Rate
OVERALL RANK	14					
Affordability and Access	1					
Nursing Home Cost (2018-19)	196%	199%	8	▬	245%	168%
Home Care Cost (2018-19)	51%	46%	1	✗	80%	51%
Long-Term Care Insurance (2018)	138	146	1	▬	43	138
Low-Income PWD with Medicaid (2016-18)	79.2%	78.1%	1	▬	56.7%	79.2%
PWD with Medicaid LTSS (2017)	88	97	2	▬	46	100
ADRC/NWD Functions (2019)	86%	74%	10	✓	66%	96%
Choice of Setting and Provider	17					
Medicaid LTSS Balance: Spending (2016)	49.7%	57.7%	13	✗	45.1%	73.5%
Medicaid LTSS Balance: Users (2017)	80.4%	77.9%	5	▬	64.2%	83.9%
Self-Direction (2019)	8.0	*	30	*	30.4	149.1
Home Health Aide Supply (2016-18)	16	17	37	▬	22	47
Assisted Living Supply (2016)	23	21	48	▬	49	102
Adult Day Services Supply (2016)	*	*	*	*	61	171
Subsidized Housing Opportunities (2017-18)	18.6%	17.7%	1	▬	6.2%	18.6%
Quality of Life and Quality of Care	35					
PWD Rate of Employment (2016-18)	23.5%	20.4%	21	▬	21.4%	38.1%
Nursing Home Residents with Pressure Sores (2018)	13.0%	*	51	*	7.3%	4.8%
Nursing Home Antipsychotic Use (2018)	10.0%	13.3%	3	✓	14.6%	7.8%
HCBS Quality Benchmarking (2015-19)	0	*	38	*	1.30	3.60
Support for Family Caregivers	1					
Supporting Working Family Caregivers (6 policies)	13.50	11.75	1	✓	3.17	13.50
Family Responsibility Protected Classification (2019)	2.00	2.00			0.29	2.00
Exceeds Federal FMLA (2019)	3.00	3.00			0.29	3.00
Paid Family Leave (2019)	3.50	1.75			0.50	3.50
Mandatory Paid Sick Days (2019)	2.00	2.00			0.85	3.00
Flexible Sick Days (2019)	2.00	2.00			0.75	3.00
Unemployment Insurance for Family Caregivers (2019)	1.00	1.00			0.49	1.00
Person- and Family-Centered Care (3 policies)	3.20	3.60	20	✗	3.04	5.50
Spousal Impoverishment Protections (2019)	0	1.00			0.90	2.00
Having Caregiver Assessment (2019)	2.20	1.60			1.34	2.50
CARE Act Legislation (2019)	1.00	1.00			0.80	1.00
Nurse Delegation and Scope of Practice (2 policies)	3.50	3.50	28	▬	3.30	5.00
Nursing Tasks Able to be Delegated (2019)	2.50	2.50			2.69	4.00
Nurse Practitioner Scope of Practice (2019)	1.00	1.00			0.61	1.00
Transportation Policies (1 policy)	0	0	8	▬	0.14	1.00
Volunteer Driver Protection (2019)	0	0			0.14	1.00
Effective Transitions	43					
Nursing Home Residents with Low Care Needs (2017)	*	*	*	*	8.9%	2.1%
Home Health Hospital Admissions (2017)	15.1%	16.7%	12	✓	15.8%	13.8%
Nursing Home Hospital Admissions (2016)	19.4%	19.4%	43	▬	16.8%	4.7%
Burdensome Transitions (2016)	33.3%	33.0%	46	▬	28.6%	16.2%
Successful Discharge to Community (2017-18)	51.7%	*	39	*	53.9%	68.5%

* Comparable data not available for baseline and/or current year. Rank cannot be calculated without current data. Change in performance cannot be calculated without both baseline and current data.
 ADRC/NWD = Aging and Disability Resource Center/No Wrong Door
 CARE Act = Caregiver Advise, Record, Enable Act
 FMLA = Family and Medical Leave Act
 HCBS = Home- and Community-Based Services
 LTSS = Long-Term Services and Supports
 PWD = People with Disabilities

Key for Change:

✓	Performance improvement
▬	Little or no change in performance
✗	Performance decline
*	No trend available