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Hello from Glover Park Village where we are enjoying a rare, real DC Spring 🌷

Covid Related

Free Masks and Test Kits

Glover Park Village currently has a limited number of Covid-19 rapid home antigen tests and KN95 masks that we can distribute. If you are over 60 years old and are a DC resident, please fill out the request form and we will contact you shortly about delivery.

[Masks & Kits Request Form](#)

Upcoming Glover Park Village Events

Volunteer Appreciation Event

Saturday, April 22, 10am-11:30am at [Guy Mason Recreation Center](#)

We are excited for our upcoming Volunteer Appreciation Event! Volunteers are the backbone of our organization and we would like to show our appreciation for all the work they do 🎉

Sign up to be Appreciated

Top to Toe Movement Class 5

Thursday, April 20, 1pm-2:30pm at [Temple Micah, 2829 Wisconsin Avenue](#)
Join Lisa (Sally) Bregman as she guides us in the science-based benefits of meditative movement. Pastries, coffee, and a warm friendly gathering. Free parking 🚗

Sign up for Top to Toe Class 5

Coffee & Conversation Drawing & Art Meetup

Tuesday, April 25, 1pm-2:30pm at [Guy Mason Recreation Center](#)

Chat, sip and enjoy talking about art with your neighbors. Plan future art classes/meetups to bring more art to Glover Park 🎨

Sign up for Coffee & Art

Top to Toe Movement Class 6

Thursday, April 27, 1pm-2:30pm at [Temple Micah, 2829 Wisconsin Avenue](#)
Celebrate spring and join Sally Bregman in gentle movement based on science and meditation. Enjoy refreshments and the company of warm friendly neighbors. Free parking 🚗

Sign up for Top to Toe Class 6

GPV Food Support Program Update

Breaking News!

The Glover Park Citizens Association has provided a grant to support the Glover Park Village Food Support Program! We are lucky to have GPCA behind us. Please join the [Glover Park Citizens Association](#) today.

To combat high food costs and cuts in food support programs throughout the District, Glover Park Village has launched a new food support program. Some Glover Parkers have offered their support by volunteering and others are participating in the program and will receive an April food box for \$25 (valued at \$50). GPV is working with SHARE at Shrine of the Blessed Sacrament Church, our Ward Three food pick up location.

The next Food Box delivery will be in May. Orders need to be placed by the 10th of each month and delivery will be on the third Friday of that month.

[Learn more about the Food Program](#)

Kids Spread Kindness



In honor of Earth Day, Stoddert students will make and deliver hand-made cards and bouquets to Glover Park Village recipients in the last week of April.

[Sign up for a bouquet!](#)

Other than letting you know our April [Kids Spread Kindness](#) initiative, we would also love donations of materials and flowers that the kids can use to create delightful cards and bouquets.

April 8th – 18th: materials can be donated including

- clean 16oz and 28oz glass jars (labels removed)
- ribbons
- stickers
- tissue and other paper in spring colors & themes

April 24th – 30th: fresh flowers from the supermarket or your garden can be donated.

Please note that we are collecting materials before flowers. Items can be dropped off on the front porch at [2206 Tunlaw Road](#) 📦

Contact Beth Miles by emailing beth@gloverparkvillage.org or by calling 202-531-2773 with any questions.

Thanks for your help & kindness 🌸
Happy Earth Day 🌍

Fabulous Recent GPV Event

On Saturday, March 18, we heard a wonderful presentation by [Rebecca Boggs Roberts](#) about her new book, [Untold Power: The Fascinating Rise and Complex Legacy of First Lady, Edith Wilson](#).

Untold Power tells the compelling story of Edith Wilson, a brilliant and complicated woman who was called upon to act as president when her husband, Woodrow Wilson, became incapacitated. The book has received rave reviews from the Wall Street Journal, National Public Radio, The Washingtonian, and several other outlets.

Watch the Untold Power Event



Videos of other past events can be watched [here](#)

Volunteer Corner

Training for One-on-One Tech Support

Volunteers are needed (no special expertise required) to help Glover Park Villagers with email, simple computer issues, using cell phones, texting, and other beginner technical skills.

Our Village has been offered the opportunity to participate in a collaborative relationship with [DOROT](#) who offer a tech training program to train volunteers to help seniors in a one-on-one setting.

The 90 minute program offers basic training, materials and guidance on how to coach older adults to develop technological skills and boost their confidence. Your help can alleviate isolation and change a life ✨

The next training for Tech Support Volunteers is Tuesday, April 18th at 7pm via Zoom.

[Sign Up for Tech Volunteer Training](#)

Events From Other Villages

Georgetown Village Presents:

“Protecting and Maximizing Your Retirement Income” with David Hurwitz, Certified Financial Planner

Wednesday, April 19th at 5:30 pm via ZOOM

[Register Here](#)

David Hurwitz discusses how to set up a retirement-income stream consistent with your retirement goals, how to plan for inflation, economic challenges, and a long retirement. He will also discuss how to utilize various investment vehicles. There will be time for questions following his presentation.

Hurwitz is a Certified Financial Planner Practitioner as well as a Chartered Retirement Planning Counselor and has been named “Best Financial Advisor” by the readers of Bethesda Magazine.

This program is free to Glover Park Village and open to the community.

DACL Wants Your Feedback

Dear Ward 3 Seniors:

The Department of Aging and Community Living (DACL) is looking for feedback on identifying your diverse needs and how to best connect with seniors who are unaware of the benefits offered by DACL. Anyone who participates in the workshop will be compensated for their time with a gift card! To participate, fill out [the Future of Aging Interest Form for Ward 3](#).

Dear Ward 3 Caregivers:

DACL is also looking for feedback from people who are caregivers. If you are someone who provides unpaid care or helps seniors or adults in any capacity, DACL is looking to hear from you! Get a \$15 gift card [for completing the Caregivers Survey!](#)

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Glover Park Village Services

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A reminder about the many services offered by Glover Park Village

Volunteers for Glover Park Village are working hard to their help neighbors by providing free services. The primary goal of the Glover Park Village is to help residents stay safely and happily in their home. Spread the word and encourage your neighbors to ask for services too!

Strangely, sometimes our volunteers don't have enough to do! Asking for help or for a service can be hard but when you ask you are doing everyone a favor. You get the support you need, the volunteers are happy to help, and the Village thrives.

It is easy to ask for services. Visit our website at gloverparkvillage.org and click on Services in the top bar. Sign up to become a service recipient or request services if you already are a service recipient. Alternatively, leave us a voice message by calling the office at 202-436-5545.

Whether you use the website or call us, our fantastic Services Coordinator Essence will find you a vetted volunteer. Don't hesitate to reach out!

Here's a sample list of services we offer. Have a think about what you could use help with.

- Errands of all kinds like grocery shopping, prescription pickup and delivery, shopping for needed items, cleaners, bank, etc.
- Social visits, telephone check-in, and going for walks
- Help participating in social events and neighborhood gatherings
- Transportation to doctor appointments, events, or nearby destinations
- Computer support and help with electronics
- In-home help such as simple maintenance by a volunteer handyman, help with laundry, organizing, cleaning, decluttering, or recycling
- Gardening help such as potting, planting, and leaf collection
- Meal preparation, pickup, and delivery including our new [Food Support Program](#) which offers a \$50 box of food for \$25!

And, to top it all off, we have a Portable Shredder! Just let us know if you would like to use it and we will arrange delivery.

Glover Park Village is here for you!



We are always happy to receive donations!

Click [here](#) to donate online.

Or to donate by check, please send to:

Glover Park Village

PO Box 32255

Washington, DC 20007

A donation of any amount is hugely appreciated!

[Glover Park Village](#) is a volunteer-managed, non-profit organization. Our mission is to deliver services and support to people throughout Greater Glover Park. There is no cost to belong, to get services, or to attend events. Glover Park Village is funded by grants and [donations](#). We belong to the [DC Village](#) Collaborative, the regional [Washington Area Villages Exchange](#) and the national [Village to Village network](#).



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