

Covid Related

Free Masks and Test Kits

Glover Park Village still has a few masks and test kits available for you. Please sign up HomeTests — Glover Park Village if you wish to get tests or masks.

Masks & Kits Request Form

Update from One of Our Neighboring DC Villages:

CDC Approves Additional COVID Booster for Older Adults

By T. Carter Ross, Foggy Bottom/West End Village

On April 19, 2023, the Centers for Disease Control & Prevention updated its guidance regarding vaccination against COVID-19. <u>Under the new recommendations</u>, adults age 65 and older, as well as people who are immunocompromised, [are allowed to] get a second bivalent vaccine. If you are 65 or older, you should wait at least four months after your first bivalent booster before getting a second one. Immunocompromised individuals should only wait at least two months. If you recently had COVID, wait at least 90 days after you recover before getting another booster.

Bivalent vaccines are the updated mRNA vaccines approved in late August 2022. They include two mRNA strands to address coronavirus strains from earlier in the pandemic, as well as newer strains. The current Moderna and Pfizer-BioNTech vaccines are bivalent vaccines; monovalent Novavax and Johnson & Johnson's Janssen vaccines remain available for those who cannot receive an mRNA vaccine. The <u>District's COVID Centers closed on March 31</u>, ahead of the May 11, 2023, expiration of the federal public health emergency that began in 2020. During the pandemic, these sites administered more than 80,000 doses of COVID-19 vaccines, booster, and flu shots.

Vaccines, including a second bivalent booster, can be administered at local pharmacies. You should be able to schedule an appointment online through the pharmacy or just walk in. Walgreens and CVS reportedly have updated their systems to account for the guidance, but if there is a problem, your doctor should be able to prescribe the shot for you.

If your regular pharmacy cannot schedule a booster shot, visit the CDC's_ vaccines.gov website. The site searches by ZIP Code to help you find locations with available appointments and specific vaccines. No-cost vaccination sites can be also be found through the CDC's No-Cost COVID-19 Testing Locator. With the end of the national public health emergency, the <u>Department of Health</u> and Human Services expects that most Americans will continue to pay nothing for COVID-19 vaccinations. In general, vaccines recommended by the Advisory Committee on Immunization Practices (ACIP), which would include both COVID boosters and annual flu shots, are considered a preventive health service, which are covered by most private insurance plans fully without a co-pay, so long as the service is within network. However, the vaccine manufacturers have indicated they plan to raise the cost of the vaccines, which may impact what insurers do. Similarly, COVID-19 vaccinations are covered under Medicare Part B without cost sharing; this is not expected to change. Medicaid will continue to cover all COVID-19 vaccinations without a co-pay or cost sharing through September 30, 2024, and will cover ACIP-recommended vaccines for most beneficiaries after that date. Other programs, however, will change. For example, free COVID rapid antigen tests will no longer be available for most people. Some insurers may continue to cover their cost in whole or in part, however, so check your policy.

Upcoming Glover Park Village Events

Glover Park Day

Saturday, June 3rd All day

<u>Guy Mason Recreation Center</u>

Come visit our booth!

Coffee and Conversation - Ice Cream Coffee Creations

Tuesday, June 6th 1-2:30 PM

<u>Guy Mason Recreation Center</u>

Keep an eye out for an email with signup link

Lecture: Aaron Burr: Infamous Villain or Tragic Hero?

Saturday, June 10, 10:00 AM 11:30am at <u>Guy Mason Recreation Center</u>
Journalist, columnist, and historian for Creators Syndicate Jamie Stiehm joins the village to illuminate the little known side of this well known story.

The intriguing Aaron Burr deserves his day in the court of history. This is his side of the duel that killed Alexander Hamilton.

Sign Up Here!

Artful Afternoons - Illuminating Impressionism

Tuesday, June 13th 1-2:30PM

<u>Guy Mason Recreation Center</u>

Keep an eye out for an email with signup link

ABCs of Staying Safe Online - Erin Byrne

Saturday, June 17th 10-11:30 AM

Guy Mason Recreation Center

Keep an eye out for an email with signup link

Brain Health In Person Meeting

Tuesday, June 20th 1-2:30 PM

<u>Guy Mason Recreation Center</u>

Keep an eye out for an email with signup link

GPV Food Support Program



GPV Food Support Program Thrives

More than 15 drivers, driver partners, callers, and food box recipients have participated in the first two months of our new GPV Food Support Program!

It's past the time to sign up for May, but if you are interested in receiving a \$25 food box to be delivered to your home at the end of June, go to <u>Food Support</u> <u>Program</u> on our web site and <u>sign up</u>. The 10th of each month is the deadline to sign up for a food box and the third Friday of the month is the delivery of the food box (between 2 - 5pm).

Spread the Word

Please tell your friends and neighbors about the new GPV Food Support Program as "word of mouth" is a primary way the news will spread to those who could use some inexpensive delicious food each month. Each month the box is varied but to give you an example, April's box included: organic baby lettuce, marinated beef tips, tomatoes, oranges, chicken, carrots, potatoes, celery and lots of other goodies worth \$50 to \$60 at the grocery store.

And, as always, you can call 202-436-5545 to ask for help ordering a food box. And li you are interested in being a volunteer, click <u>here</u>.

Happy Eating!

Learn more about the Food Program

Glover Park Day



Come Celebrate Our Amazing Neighborhood!

Saturday, June 3 , 2023 11am - 5 pm Guy Mason Recreation Center

The Glover Park Citizens Association (GPCA) sponsors, along with the DC Department of Parks and Recreation, the neighborhood's biggest and most beloved event—Glover Park Day. Glover Park Day includes live music, food and drink, children's rides and games, crafts and paintings of all sorts for sale and is attended by dozens of friendly faces of neighbors and friends as well as people from all over the area.

Glover Park Village participates in Glover Park Day with a table full of information about the Village and giveaways to those who visit the table. We sign up people who are interested in volunteering or who want services for themselves or a friend, neighbor or relative.

Come to our booth and get "gussied up"!

This year we are having fun "accessorizing" visitors who want their wheelchairs, canes, sore wrists or anything else "gussied up" for the Day! Beth Miles and her helpers have ribbons and sparkles, stickers and fluttery things that will make visitors laugh and join in on the fun.

See you there!

P.S. **Volunteers needed** to man the booth! Email <u>erin@gloverparkvillage.org</u> to sign up to volunteer for an hour! 2-3 people needed for each shift.

Fabulous Recent GPV Event

Kids Spread Kindness for Earth Day

Over 18 recipients and 13 families participated in this heartwarming event!

Neighborhood kids arranged beautiful bouquets from donated flowers
and jars, and delivered them to Glover Park Village service recipients and
friends. Joy was shared by all!

Stay tuned for the next Kids Spread Kindness event!















Position Available

Glover Park Village is Seeking a Volunteer Manager (Part time position)

Our wonderful Volunteer Manager, Leah Ferrier, is off to see the world and will soon be leaving her position. If you are an organized and friendly person with a flexible schedule, call us at 202-436-5545 and let us know you are interested in talking to someone about the job. No obligation if it doesn't suit your schedule!

Volunteer Corner

Volunteers Needed. Please consider signing up. Your neighbors could use the help!

Training for One-on-One Tech Support

Volunteers are needed (no special expertise required) to help Glover Park Villagers with email, simple computer issues, using cell phones, texting, and other beginner technical skills.

Our Village has been offered the opportunity to participate in a collaborative relationship with <u>DOROT</u> who offer a tech training program to train volunteers to help seniors in a one-on-one setting.

The 90 minute program offers basic training, materials and guidance on how to coach older adults to develop technological skills and boost their confidence. Your help can alleviate isolation and change a life 👉

Upcoming trainings for Tech Support Volunteers Via Zoom

Wednesday, June 14th, 2023 5:00pm EST Wednesday, June 28th, 2023 6:00pm EST Tuesday, July 18th, 2023 7:00pm EST Wednesday August 2nd, 2023 6:00pm EST Tuesday August 22nd, 2023 7:00pm EST Sign up here.

Friendly calling program

You'll get two or three names from the member lists of those who receive services Then you'll call them up and chat for a bit then ask if they would like to receive a call on a regular basis from you. Maybe you could call once every few weeks or go visit or do other things to relieve loneliness or boredom. This is a vital program to alleviate the social isolation so common to many in our modern world. Please call 202-436-5525 or Sign Up to Volunteer — Glover Park Village

Events From Other Villages

Northwest Neighbors Village Presents:

Over the Counter Hearing Aids: What you should know Friday, June 6, 2023 2 pm-3 pm on Zoom

Sign up here

For the first time, some hearing aids can be purchased without the involvement of an audiologist or other hearing specialist. What are these new devices? For whom are they intended? How do we know if they are safe and effective? How can someone who is interested choose which one is right for him or her? Come hear a discussion of these and related matters. And bring your questions. The discussion will be led by Russell Misheloff, a member of HLAA-DC's Executive Board.

Glover Park Village Services

A reminder about the many services offered by Glover Park Village

Volunteers for Glover Park Village are working hard to their help neighbors by providing free services. The primary goal of the Glover Park Village is to help residents stay safely and happily in their home. Spread the word and encourage your neighbors to ask for services too!

Strangley, sometimes our volunteers don't have enough to do! Asking for help or for a service can be hard but when you ask you are doing everyone a favor. You get the support you need, the volunteers are happy to help, and the Village thrives.

It is easy to ask for services. Visit our website at <u>gloverparkvillage.org</u> and click on Services in the top bar. Sign up to become a service recipient or request services if you already are a service recipient. Alternatively, leave us a voice message by calling the office at 202-436-5545.

Whether you use the website or call us, our fantastic Services Coordinator Essence will find you a vetted volunteer. Don't hesitate to reach out!

Here's a sample list of services we offer. Have a think about what you could use help with.

- Errands of all kinds like grocery shopping, prescription pickup and delivery, shopping for needed items, cleaners, bank, etc.
- Social visits, telephone check-in, and going for walks
- Help participating in social events and neighborhood gatherings
- Transportation to doctor appointments, events, or nearby destinations
- Computer support and help with electronics
- In-home help such as simple maintenance by a volunteer handyman, help with laundry, organizing, cleaning, decluttering, or recycling
- Gardening help such as potting, planting, and leaf collection
- Meal preparation, pickup, and delivery including our new <u>Food Support</u> <u>Program</u> which offers a \$50 box of food for \$25!

And, to top it all off, we have a Portable Shredder! Just let us know if you would like to use it and we will arrange delivery.

Glover Park Village is here for you!

Sign Up Now to Receive Services



We are always happy to receive donations!

Click **here** to donate online.

Or to donate by check, please send to:

Glover Park Village
PO Box 32255
Washington, DC 20007
A donation of any amount is hugely appreciated!

<u>Glover Park Village</u> is a volunteer-managed, non-profit organization. Our mission is to deliver services and support to people throughout Greater Glover Park. There is no cost to belong, to get services, or to attend events. Glover Park Village is funded by grants and <u>donations</u>. We belong to the <u>DC Village</u> Collaborative, the regional <u>Washington Area Villages Exchange</u> and the national <u>Village to Village network</u>.



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