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## HAPPY HALLOWEEN FROM GPV!



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### Upcoming Events

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#### You Are Invited to a Special Event!

#### Glover Park Village Science Series with Mitch Waldrop

Saturday, October 26th

10:00 AM - 11:30 AM

One of the great pleasures of living in Glover Park is discovering that your neighbor has led an extremely interesting life and, if you are patient and persistent, you may get to hear about how he or she has made the world a better place.

Such a person is M. Mitchell Waldrop. An extraordinary scientist, journalist and humanist who is constantly wanting to know “what it all means” as he says on his [google site](#). Former editor at Nature Magazine and National Science Foundation public affairs officer as well as senior writer for Science, Mitch is a science journalist writing in understandable prose. He is exploring a wide range of topics for many well-known magazines and reviews, and the author of multiple books on technology and science issues – we are breathless and excited!

Sign up to hear him speak from 10:00 to 11:30 on Saturday morning, October 28th at Guy Mason Recreation Center. His latest book, [Cosmic Origins: Science's Long Quest to Understand How Our Universe Began](#), is the basis of his discussion and a springboard for a wide-ranging look at the fascinating issues related by someone who knows how to help us understand it all.

Delicious refreshments and a chance to get your book signed if you bring one! [Sign up here](#) and remember to tell your neighbors!

\*Note: Mitch gave the first talk on October 21. Go [here](#) to see a recording of his presentation.

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## Other Upcoming Events for the Fall

### **Walking Tour of Holy Rood Cemetery in honor of Veteran's Day**

Saturday, November 11th

11 AM - 12:30 PM

[See details and sign up here!](#)

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### **COVID-19 and Flu Vaccine Clinic**

Tuesday, November 28th

12:00 PM - 3:00 PM

[See details and up here!](#)

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## GPV Volunteers Needed

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### **Glover Park Village is looking for volunteers to work on the following projects:**

- Supporting Erin Byrne, our Events manager, at some events by helping to put out the food, greeting people, helping them sign in and a variety of other fun tasks
- Growing the Glover Park Village Green section of the Village to bring the fight against climate change to our neighborhoods
- Generating grant submissions to enable us to continue our outreach and support work for those in need throughout the GPV area
- Arranging "tea and cookie" events at apartment buildings to inform the residents about Glover Park Village and its services
- Researching data of value to the Village in writing grants and engaging people to join GPV
- Supporting the Volunteer/Service Recipient Outreach program by participating in a variety of in-person and marketing activities that raise awareness of our GPV activities and neighborhood support.

Email [info@gloverparkvillage.org](mailto:info@gloverparkvillage.org) or give us a call at 202-436-5545 to let us know where you can help. Thank you!

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### **Glover Park Village is in search of a Transportation Outreach Project Manager**

Glover Park Village is seeking a volunteer to help improve transportation planning and coordination for our Glover Park members, with the goal of enhancing mobility for seniors and individuals with disabilities. Transportation is the most-requested service through the Village website, and improving accessibility will have an impact on many of our villagers.

This volunteer work includes the tasks described below and may take up to four hours per week throughout the coming year (December 2023 through January

2025). Direct project expenses will be supported by a small grant from Capitol Hill Village. Other volunteers may be recruited to support you in this endeavor.

This is an important part of the Glover Park Village outreach program to support our neighbors who need transportation to go to a doctor's appointment, visit a loved one or simply get out of Dodge for a few hours. Please see the Tasks Required and how to respond by [clicking here](#).

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## Community News

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### Free Glover Park E-Waste Collection Event!

On Saturday, October 28 bring your unwanted electronics to be safely recycled!

**Where:** Calvert Street, NW between 40th Place NW and 39th Place NW

**When:** Saturday, October 28th, Between 10 am-2 pm

**What:** Computers, tablets, E-readers, monitors, mobile phones, televisions, desktop printers, scanners, mice, keyboards, small scale servers, music players, DVD recorders and much more!

*Rain or Shine!*

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### The Fit & Well Seniors Program

The Y of Metropolitan Washington is now offering the free Fit & Well Seniors program.

Free in-person and virtual classes from Monday-Saturday, 8 am-5 pm. These classes range from high-energy aqua aerobics and tai chi to low-intensity yoga and strength resistance. The in-person classes are located at various DC Department of Aging and Community Living and DC Department of Parks & Recreation sites, while the virtual classes are offered through Zoom. The goal is to improve the overall functional fitness and well-being of seniors 60 years and older.

Registration for the Fit & Well Seniors program at:

<https://forms.gle/NanbcugG6HDSH9Tp6>. Once registered, participants will be sent a "personal interactive passport" that will offer them accessibility to the Y's virtual classes, and the opportunity to stay updated on schedules, upcoming events, and programming.

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### News from IONA

End of Life Expo

Saturday, Nov. 4, 2023

10 AM – 4 PM

**Cost:**

\$40 (program and boxed lunch)

Limited scholarships available

Register:

[www.iona.org/event/end-of-life-expo/](http://www.iona.org/event/end-of-life-expo/)

**Where:**

Iona Senior Services  
4125 Albermarle Street, NW  
Washington, DC 20016

You will learn more and be able to discuss the following topics:

- Advance Directives
- DC Law: Medical Aid in Dying
- Green and Alternative Burials
- Hospice Care
- Obituary Writing
- Organ and Body Donation
- Psychedelics and Dying
- Voluntary Stopping of Eating and Drinking (VSED)

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### Low Cost Dental Care

A new partnership has formed in response to a [recent study by the National Institutes of Health](#) that discovered people 65 and older are the nation's "most critically underserved and vulnerable" group for oral health care.

The Delta Dental Community Foundation has teamed up with Mary's Center and the Howard University School of Dentistry to offer a five-year pilot partnership designed to offer free or low cost dental care to people 60 and older. Please read more about what it offers and how you can possibly avoid expensive dental care. [This link](#) takes you to the WTOP story about this new program.

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Barbara Scott, our Glover Park Village social worker, is inviting you to this special program. DC Assistive Technology Program (DCATP) presents experts who will tell you about their free services to provide assistive technology devices. DCATP will highlight the technologies that can improve your function and self-sufficiency at home and in the community.

### DC Assistive Technology Program (DCATP)

#### Zoom Event

Wednesday, November 15th

1 PM – 2 PM

Register before November 8 by emailing Barbara Scott, at [casemanager@dupontcirclevillage.net](mailto:casemanager@dupontcirclevillage.net)

[The DC Assistive Technology Program \(DCATP\)](#) is a city-wide program whose goal is to enhance independence, productivity and inclusion for all District residents with disabilities. The staff educates you and helps you procure assistive technology devices and services.

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## News from DC Villages Collaborative

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### Executive Director Job Available

The DC Villages Collaborative, a joint project of all 13 Villages, including Glover Park Village, in Washington DC, seeks an inaugural Executive Director who will lead and manage collaborative efforts among the Villages in DC. The ED must

possess strong leadership and consensus building experience, along with the desire to build and nurture the Village movement in DC. The ability to think strategically and work well with people at all levels, from the community to the government is required. You can see the full position description and application instructions at [dragonflycentral.org/executive-search](https://dragonflycentral.org/executive-search). Please tell those friends and neighbors who you think might be interested!

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## A Snapshot of Recent GPV Events

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### Having Fun at Point Chaud with Coffee and Conversation, October 6th!



Left to right: Sharon Kirby, Mary Gerace, Gretchen Whitney, Jannet Carpien, Alan Carpien, Beth Miles, Juliette Carpien, Sherri Levy, Carlton Fletcher, Al Templeton, D.D. Murphy, Holly Reckord.

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### Mitch Waldrop presenting Cosmic Origins, October 21st



Join us this Saturday for his 2nd fascinating talk! [Register here](#).

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## Glover Park Village Green

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Reprinted from the [Glover Park Gazette, October 2023](#)

### Ditching the Gas Guzzler

*Holly Pollinger*

Waking up to the benefits of giving up your gas-driven car and possibly buying an electric vehicle (EV)? It can be a hard and sometimes confusing process. There are lots of articles about EVs and you see more and more of them on the road. But still a bit uncertain, even though you are pretty sure the future is here?

Don't hesitate to read up on the Inflation Reduction Act (IRA), which is the most ambitious legislation ever enacted in the US to combat climate change. You'll want to use the tax advantages and rebates that are being offered on the purchase of an EV, and there is no dearth of information available from the Federal and District governments, as well as a variety of other resources, including Consumer Reports, The Washington Post, Rewiring America, the Sierra Club, and dozens of other organizations that have collected the facts for you.

This research should clarify the available benefits and spell out the laws governing the purchase of an electric vehicle. Take the time to discover which vehicles are eligible for rebates and when. And think ahead. Where will you be charging your new EV? Some Glover Park residents have installed plugs in their garages; others have put chargers on their front porch to charge their vehicles in a nearby parking space. Also are there convenient, nearby charging stations or does your employer offer indoor charging stations while you work?

And don't hesitate to strike up a conversation with EV owners. What do they like about their new cars? Was there a learning curve? What advantages have they found? Anything they wished they had known before they bought their EV? People like talking about their smart, clean energy choice!

Climate change is here, folks. Time to wake up and ditch the gas guzzler. Here are a few resources to begin your quest:

#### Answers from the District of Columbia can be found here:

- [DC Department of Energy and Environment](#)
- [Pepco in DC](#)

#### Answers from the Federal Government can be found here:

- [Department of Energy](#)
  - [The White House](#)
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**We are always happy to receive donations!**

Click [here](#) to donate online.

**Or to donate by check, please send to:**

Glover Park Village

PO Box 32255

Washington, DC 20007

A donation of any amount is hugely appreciated!

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[Glover Park Village](#) is a volunteer-managed, non-profit organization. Our mission is to deliver services and support to people throughout Greater Glover Park. There is no cost to belong, to get services, or to attend events. Glover Park Village is funded by grants and [donations](#). We belong to the [DC Village Collaborative](#), the regional [Washington Area Villages Exchange](#) and the national [Village to Village network](#).



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